

WYNIKI: Lublin Tętni Dobrem - 1. Bieg Krwiodawcy 16.06.2024 Stadion Lekkoatletyczny

| M-CE | NUMER | IMIĘ | NAZWISKO | KATEGORIA | PŁEĆ | MIASTO | KLUB | WYNIK |
|------|-------|-----------|----------------------|-----------|------|-------------|--|----------|
| 1 | 14 | Dominika | Mazur | 20-29 | K | Lublin | #BASIA TEAM | 18:26.23 |
| 2 | 53 | Ewa | Tarnowska | 30-39 | K | Lublin | Lubelska Grupa Triathlonu | 19:41.39 |
| 3 | 91 | Katarzyna | Nowak | 30-39 | K | Lublin | #Basiateam | 20:51.10 |
| 4 | 29 | Katja | Głuszak | 40-49 | K | Lublin | #BasiaTeam / Sędzia Piłki Nożnej | 21:20.80 |
| 5 | 45 | Marta | Pietrow | 40-49 | K | Lublin | parkrun Ogród Saski, Lublin | 21:39.87 |
| 6 | 111 | Sylwia | Świerżewska | 40-49 | K | Lublin | Heriteam | 21:40.32 |
| 7 | 99 | Renata | Rejmak | 40-49 | K | Lublin | #BasiaTeam | 21:52.96 |
| 8 | 61 | Monika | Bielińska | 30-39 | K | Lublin | Heriteam | 22:24.19 |
| 9 | 94 | Ewa | Pastuszek | 40-49 | K | Łęczna | Łęczna Biega | 22:39.72 |
| 10 | 184 | Agnieszka | Duda | 30-39 | K | Lublin | parkrun ogród saski | 22:52.09 |
| 11 | 134 | Katarzyna | Magryta | 20-29 | K | Lublin | | 22:59.24 |
| 12 | 60 | Sylwia | Berecka | 30-39 | K | Lublin | | 23:30.59 |
| 13 | 146 | Patrycja | Przerwa | 20-29 | K | Kozienice | | 23:34.37 |
| 14 | 104 | Ewelina | Sikora | 30-39 | K | Lublin | | 23:39.89 |
| 15 | 144 | Magdalena | Pańnikowska-Łukaszuk | 30-39 | K | LUBLIN | Politechnika Lubelska | 23:40.28 |
| 16 | 95 | Katarzyna | Pecyna | 30-39 | K | Lublin | | 23:44.84 |
| 17 | 172 | Monika | Rudzińska | 30-39 | K | Lublin | | 23:46.10 |
| 18 | 141 | Łucja | Oś | 30-39 | K | Lublin | parkrun Ogród Saski, Lublin | 23:48.08 |
| 19 | 151 | Jolanata | Smarż | 60+ | K | Lublin | Heriteam | 23:49.61 |
| 20 | 155 | Patrycja | Wójcicka | 30-39 | K | Lublin | parkrun Ogród Saski, Lublin | 23:51.08 |
| 21 | 159 | Paulina | Zawiślak | 20-29 | K | Strzyżewice | | 23:51.76 |
| 22 | 139 | Barbara | Niewczas | 40-49 | K | Lubartów | | 23:56.98 |
| 23 | 102 | Joanna | Sekuła | 50-59 | K | Franciszków | Klub HDK im. J. Popiełuszki w Świdniku | 24:31.30 |
| 24 | 92 | Olena | Ostashevska | 20-29 | K | Lublin | | 24:41.10 |
| 25 | 170 | Dominika | Kozaczuk | 30-39 | K | Lublin | | 24:48.69 |
| 26 | 109 | Anna | Suchora | 60+ | K | Kraśnik | | 24:50.25 |
| 27 | 176 | Agata | Śmiech | 20-29 | K | Lublin6b | | 24:51.43 |
| 28 | 135 | Katarzyna | Majka | 40-49 | K | Kalinówka | | 24:56.36 |
| 29 | 142 | Agnieszka | Pajdowska | 40-49 | K | Kajetanówka | Parkrun Ogród Saski | 25:00.72 |
| 30 | 62 | Monika | Bobel | 30-39 | K | Lublin | Kobiety Biegają Lublin | 25:11.64 |

| M-CE | NUMER | IMIĘ | NAZWISKO | KATEGORIA | PŁEĆ | MIASTO | KLUB | WYNIK |
|------|-------|-------------|--------------|-----------|------|-------------|---------------------------|----------|
| 31 | 158 | Agnieszka | Zaroślińska | 20-29 | K | Lublin | | 26:01.00 |
| 32 | 132 | Ewa | Kłos | 15-19 | K | Lublin | | 26:02.46 |
| 33 | 152 | Monika | Washington | 30-39 | K | Lublin | Girl That Jeffs | 26:02.46 |
| 34 | 157 | Agata | Zaprawa | 40-49 | K | Lublin | | 26:22.37 |
| 35 | 86 | Justyna | Malinowska | 30-39 | K | | | 26:36.37 |
| 36 | 73 | Agnieszka | Koczan | 40-49 | K | Lublin | | 26:41.16 |
| 37 | 131 | Marlena | Klimkowicz | 20-29 | K | Lublin | Kobiety biegają Lublin | 27:29.08 |
| 38 | 130 | Yuliia | Khrapchynska | 20-29 | K | Lublin | | 27:29.52 |
| 39 | 167 | Agnieszka | Korska | 30-39 | K | Warszawa | | 27:44.58 |
| 40 | 153 | Agnieszka | Wawruch | 20-29 | K | Lublin | | 27:46.39 |
| 41 | 124 | Aleksandra | Dobrzyńska | 20-29 | K | Lublin | | 27:46.64 |
| 42 | 122 | Karolina | Barcicka | 40-49 | K | Lublin | | 27:52.69 |
| 43 | 197 | Edyta | Furtak | 40-49 | K | Lublin | | 28:16.73 |
| 44 | 64 | Alina | Dawidek | 50-59 | K | Łęczna | Łęczna Biega | 28:25.09 |
| 45 | 126 | Marta | Gil | 30-39 | K | Lublin | Lubelska Grupa Triathlonu | 28:39.09 |
| 46 | 36 | Urszula | Symonowicz | 40-49 | K | Lublin | | 29:35.95 |
| 47 | 166 | Marzena | Gałecka | 60+ | K | Lublin | #KORWiN | 29:51.75 |
| 48 | 163 | Weronika | Dakiniewicz | 30-39 | K | lublin | SWG | 30:13.53 |
| 49 | 180 | Iga | Barcicka | 15-19 | K | Lublin | | 30:15.08 |
| 50 | 208 | Dorota | Orzeł | 15-19 | K | Lublin | RCKIK Lublin | 30:16.93 |
| 51 | 150 | Małgorzata | Saba | 30-39 | K | Lublin | ICR Start Lublin | 30:32.78 |
| 52 | 198 | Victoria | Furtak | 15-19 | K | Lublin | | 30:43.28 |
| 53 | 68 | Beata | Grosiak | 20-29 | K | Lublin | | 31:10.60 |
| 54 | 138 | Monika | Murat | 30-39 | K | Lublin | | 31:16.22 |
| 55 | 123 | Lilianna | Demczuk | 40-49 | K | ŁĘCZNA | Łęczna biega | 31:28.42 |
| 56 | 205 | Mariia | Khlynova | 20-29 | K | Lublin | | 32:01.55 |
| 57 | 204 | Beata | Jeleniewska | 40-49 | K | Lublin | RCKIK Lublin | 32:18.37 |
| 58 | 203 | Anna Dorota | Jastrzębska | 50-59 | K | Lublin | RCKIK Lublin | 32:41.11 |
| 59 | 178 | Julita | Wojewódzka | 20-29 | K | Lublin | Decathlon Lublin | 33:15.31 |
| 60 | 192 | Karolina | Sarzyńska | 30-39 | K | Lublin | | 34:06.63 |
| 61 | 207 | Justyna | Zams | 30-39 | K | Strzyżewice | Decathlon Lublin | 34:06.74 |
| 62 | 125 | Paulina | Gabrel | 30-39 | K | Lublin | Decathlon Lublin | 34:06.78 |
| 63 | 195 | Dominika | Trautman | 15-19 | K | Lublin | | 34:07.64 |

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|------|-------|------------|--------------|-----------|------|-----------|---|----------|
| 1 | 211 | Adam | Grudziński | 20-29 | M | Lublin | MOSIR Lublin | 15:33.07 |
| 2 | 6 | Arkadiusz | Graj | 30-39 | M | Świdnik | Banda Grudnia | 15:39.97 |
| 3 | 18 | Bartłomiej | Przybylski | 20-29 | M | Lublin | | 16:05.05 |
| 4 | 196 | Paweł | Grochmal | 40-49 | M | Lublin | Motorowcy | 16:21.53 |
| 5 | 10 | Wojciech | Kochaj | 40-49 | M | Lublin | - | 16:54.47 |
| 6 | 193 | Mariusz | Skurski | 50-59 | M | Lublin | #BASIA TEAM | 16:57.56 |
| 7 | 13 | Bartłomiej | Mamcarz | 20-29 | M | Lublin | parkrun Ogród Saski, Lublin/Run Radical | 17:19.80 |
| 8 | 1 | Krzysztof | Adamczyk | 30-39 | M | Lublin | DONALD MA TOLE | 17:25.79 |
| 9 | 54 | Jakub | Traczyk | 20-29 | M | Kozienice | | 18:04.51 |
| 10 | 49 | Artur | Strug | 30-39 | M | Lublin | #BASIA TEAM | 18:16.81 |
| 11 | 9 | Adrian | Kobielarz | 30-39 | M | Lublin | ZUZA TEAM | 18:32.66 |
| 12 | 33 | Jarosław | Krajka | 40-49 | M | Lublin | UMCS Biega | 18:34.63 |
| 13 | 48 | Piotr | Stasiak | 50-59 | M | lublin | #runner.niemalipy | 18:52.25 |
| 14 | 7 | Marcin | Jonik | 50-59 | M | Lublin | https://marcinjonik.weebly.com | 18.32.66 |
| 15 | 32 | Rafał | Kowalczyk | 30-39 | M | Lublin | #Basiateam | 19:02.20 |
| 16 | 3 | Paweł | Błażewicz | 30-39 | M | LUBLIN | WMKS OLSZTYŃSKA SZKÓŁKA TRIATHLONU | 19:09.85 |
| 17 | 12 | Bartłomiej | Kubacki | 30-39 | M | Lublin | #BASIA TEAM | 19:11.92 |
| 18 | 24 | Dariusz | Dudziak | 40-49 | M | LUBLIN | Tifosi Running Team | 19:15.39 |
| 19 | 23 | Jakub | Drozd | 30-39 | M | Wohyń | SOP | 19:16.75 |
| 20 | 56 | Oskar | Włodarczyk | 15-19 | M | Serniki | | 19:17.91 |
| 21 | 46 | Maciej | Piłat | 30-39 | M | Lublin | | 19:21.08 |
| 22 | 52 | Robert | Szkoda | 30-39 | M | Biłgoraj | | 19:22.02 |
| 23 | 43 | Piotr | Mokrzanowski | 30-39 | M | Turka | | 19:23.92 |
| 24 | 27 | Paweł | Filip | 50-59 | M | Lublin | RCKIK Lublin | 19:26.38 |
| 25 | 117 | Krzysztof | Wąsowski | 50-59 | M | Lublin | Wąski team | 19:31.27 |
| 26 | 55 | Wojciech | Walicki | 50-59 | M | Lublin | parkrun Ogród Saski, Lublin | 19:41.30 |
| 27 | 35 | Ruslan | Kurakevich | 40-49 | M | Lublin | #BasiaTeam | 19:43.46 |

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|------|-------|------------|-------------|-----------|------|-------------------|-----------------------------|----------|
| 28 | 21 | Kamil | Daniel | 30-39 | M | Lublin | RCKIK Lublin | 19:50.17 |
| 29 | 22 | Jacek | Dębowczyk | 40-49 | M | Lublin | | 19:50.21 |
| 30 | 30 | Mateusz | Huk | 30-39 | M | Chełm | | 19:53.16 |
| 31 | 57 | Damian | Wójcicki | 30-39 | M | Lublin | parkrun Ogród Saski, Lublin | 19:54.16 |
| 32 | 34 | Grzegorz | Kupis | 60+ | M | Lublin | | 19:56.95 |
| 33 | 84 | Patryk | Łysakowski | 40-49 | M | LUBLIN | | 20:08.43 |
| 34 | 11 | Kamil | Krupka | 20-29 | M | Lubartów | | 20:19.45 |
| 35 | 72 | Rafał | Kłós | 30-39 | M | Jastków | | 20:27.60 |
| 36 | 114 | Dariusz | Tomala | 40-49 | M | Wojsławice | | 20:27.79 |
| 37 | 31 | Bartosz | Jasiński | 30-39 | M | Tomaszów Lubelski | | 20:35.55 |
| 38 | 71 | Tomasz | Kasprzyk | 30-39 | M | Strzyżewice | PIOTROWICE RUN | 20:35.84 |
| 39 | 75 | Radosław | Korski | 40-49 | M | Warszawa | | 20:37.85 |
| 40 | 212 | Paweł | Drozd | 50-59 | M | Lublin | RCKIK Lublin | 21:07.43 |
| 41 | 38 | Rafał | Malesa | 20-29 | M | Garbów | | 21:10.16 |
| 42 | 50 | Dariusz | Szafran | 50-59 | M | Lublin | Lubelska Grupa Triathlonu | 21:20.30 |
| 43 | 97 | Dominik | Pokorski | 20-29 | M | Lublin | | 21:23.19 |
| 44 | 173 | Michał | Rudziński | 30-39 | M | Lublin | | 21:37.41 |
| 45 | 28 | Hubert | Gaworek | 40-49 | M | Lublin | | 21:45.17 |
| 46 | 25 | Mariusz | Dyś | 40-49 | M | Świdnik | | 21:48.82 |
| 47 | 44 | Mateusz | Pałubski | 30-39 | M | Lublin | | 21:54.49 |
| 48 | 137 | Piotr | Morawski | 40-49 | M | Lublin | parkrun Ogród Saski, Lublin | 21:54.97 |
| 49 | 87 | Tomasz | Marek | 20-29 | M | Lublin | | 21:56.46 |
| 50 | 174 | Maciej | Rybicki | 30-39 | M | Lublin | | 21:53.96 |
| 51 | 98 | Ihor | Prus | 30-39 | M | Lublin | | 22:02.77 |
| 52 | 69 | GRZEGORZ | GRZEGORCZYK | 40-49 | M | LUBLIN | | 22:03.94 |
| 53 | 200 | Waldemar | Gołąb | 30-39 | M | Bełżyce | | 22:13.85 |
| 54 | 83 | Aleksander | Łukaszuk | 30-39 | M | Lublin | | 22:37.58 |
| 55 | 199 | Dariusz | Golas | 50-59 | M | dąbrowica | goły biega | 22:41.13 |
| 56 | 175 | Sebastian | Siek | 30-39 | M | Lublin | Brak | 22:56.62 |
| 57 | 85 | Daniel | Malesa | 30-39 | M | Lublin | | 23:07.88 |

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|------|-------|------------|---------------------|-----------|------|-----------------|-----------------------|----------|
| 58 | 96 | Wojciech | Pitucha | 60+ | M | Lublin | | 23:26.90 |
| 59 | 65 | Kamil | Dras | 30-39 | M | Kliny | Aliplast Runing Team | 23:32.03 |
| 60 | 105 | Jacek | Słupczyński | 40-49 | M | Lublin | Reggae Vege WieNiaWa | 23:39.36 |
| 61 | 89 | Paweł | Mularczyk | 30-39 | M | Lublin | | 23:43.35 |
| 62 | 74 | Paweł | Koczn | 40-49 | M | Lublin | | 23:50.69 |
| 63 | 90 | Marek | Naumiuk | 50-59 | M | Snopków | Heńteam | 23:52.08 |
| 64 | 133 | Sergiusz | Kuczyński | 50-59 | M | Lublin | TeamBiocent | 24:13.18 |
| 65 | 63 | Paweł | Butryński | 50-59 | M | Lublin | #KORWiN | 24:28.69 |
| 66 | 82 | Bartłomiej | Łukaszewski | 30-39 | M | Lublin | | 24:45.53 |
| 67 | 113 | Dariusz | Tkaczyk | 40-49 | M | Lublin | Motor Lublin | 24:47.25 |
| 68 | 119 | Paweł | Wojnowski | 40-49 | M | Lublin | RCKIK Lublin | 24:48.26 |
| 69 | 110 | Jerzy | Suchora | 60+ | M | Kraśnik | | 24:50.11 |
| 70 | 116 | Adam | Uliczny | 50-59 | M | Lublin | Perfect Runner | 24:55.11 |
| 71 | 101 | Leszek | Sadurski | 30-39 | M | Końskowola | KSW | 24:57.49 |
| 72 | 78 | Dariusz | Kowalczyk | 30-39 | M | Lublin | Aliplast Dubbing Team | 24:59.91 |
| 73 | 169 | Henryk | Kowalski | 60+ | M | Lublin | | 25:30.13 |
| 74 | 77 | Vitalii | Kotvitskyi | 20-29 | M | Lublin | | 25:41.16 |
| 75 | 143 | Tomasz | Pastuszek | 50-59 | M | Łęczna | Łęczna Biega | 25:56.57 |
| 76 | 129 | Krzysztof | Kasperek | 50-59 | M | Lublin | | 26:05.51 |
| 77 | 183 | Damian | Czerwonka | 30-39 | M | Głusk | | 26:30.31 |
| 78 | 191 | Krystian | Pietrzak | 30-39 | M | Lublin | Dzikusy w natarciu | 26:49.68 |
| 79 | 140 | Piotr | Osiński | 50-59 | M | Lublin | | 27:44.77 |
| 80 | 179 | Karol | Bałabasz | 30-39 | M | Chełm | | 27:53.05 |
| 81 | 168 | Wojciech | Kosiorek | 30-39 | M | Lublin | | 28:06.14 |
| 82 | 186 | Sebastian | Jędrzejewski | 40-49 | M | Lublin | Ogryzkowy Team | 28:23.55 |
| 83 | 171 | Paulina | Matyjas -Łysakowska | 40-49 | M | LUBLIN | | 29:09.64 |
| 84 | 165 | Mateusz | Drogomirecki | 20-29 | M | Lublin | | 29:12.15 |
| 85 | 190 | Rafał | Nowak | 20-29 | M | Opole Lubelskie | | 29:25.43 |
| 86 | 210 | Krzysztof | Skubis | 50-59 | M | Lublin | RCKIK Lublin | 30:45.47 |
| 87 | 189 | Tymoteusz | Niewiadomski | 20-29 | M | Milejów | | 31:11.66 |